



HELPING HAND – SHINFIELD/SOUTH READING

*Linking those who **NEED HELP** with those who **CAN HELP***

Helping Hand is a Facebook page designed to **love and support our local community**, by connecting those needing a 'helping hand' with those in the community who are able to provide for their needs.

Are you, or is someone you know struggling to afford the basics or support a family? Or living alone and unable to make ends meet? It may be that someone locally can help out with pre-worn uniforms/clothing, baby basics, pre-loved toys, household items, food etc. **Let's love each other in times of need.**

All requests for support will be anonymous. No financial requests please.



GET INVOLVED:

LIKE/FOLLOW OUR FACEBOOK PAGE –
WWW.FACEBOOK.COM/HELPINGHANDSOUTHREADING

Contact: [sarah@sarahoneill.co.uk/](mailto:sarah@sarahoneill.co.uk)

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