

# Choose your next adventure

Each adventure category gives children the opportunity to discover new skills and explore their interests, all while having fun and creating friendships for life!

## Morning Programme

### RISE THEN SHINE

Our morning programmes are now called 'Rise then Shine'.

*'Creating the best start to the school day'*

Fuelling children's curious minds and growing bodies to set them up for their best day ahead.

## Afternoon Programme

### STAY AND PLAY

Our afternoon programmes are now called 'Stay and Play'.

*'Where friendships are made'*

Creating meaningful connections and friendships by providing children with a place to stay and have fun after school.



### Flavour Fest



Explore the tasty world of food and nutrition through fun and interactive experiences created to develop healthy habits.



### Wellbeing Warriors



Discover a range of activities specially designed to help you feel good by boosting happiness, mindfulness, and wellbeing.



### Brain Boosters



Crack codes, solve puzzles, and engage in captivating games and science experiments. Explore the wonders of the world with hands-on STEM activities.



### Global Kids



Embark on a journey to become a better global citizen and protect our planet through developing essential life skills and exploring the world around us.



### Power Teams



Join in fun games, thrilling challenges, and exciting group activities to build team skills for life.



### Super Sports



Super fun and sporty sessions designed to develop essential skills for a lifetime of active living.



### Creative Inventors



Let your imagination soar as we engage in creative activities that combine expressive arts, materials and crafts to fuel your inner inventor and unlock your hidden talents!