



# How to go online safely. Be SMART

For adults

# What is SMARTT?

**S**–Stay safe by not posting or sharing any personal information or pictures.

**M**–Meeting someone you have met online can be dangerous. It is best not to but if you must, bring a carer or close family with you.

**A**–Accepting messages and emails or opening files, pictures or links sent by someone can be risky as they might contain viruses or even nasty messages or pictures that might upset you.

**R**–Reliable information is important. People online can be whoever they want and can even say an age but be older or younger. Only chat with real life friends.

**R**–Rights and responsibilities. Remember we have rights to be treated how we want and responsibilities to do the same for others.

**T**–Tell someone if something is making you or a friend uncomfortable or sad as they WILL do something to help.

# Links



When you have clicked on a link, if the link does not have a padlock by the search bar, exit the page immediately as that is a scam.



# Pop up slides

Do not share any personal information without the padlock at the search bar.

# Online safety

Do not speak to people online as that could cause them to abuse you over time and that will cause you to be upset about it.

# Websites

If possible stick to Google, Bing or Swisscows as they are some of the safest search engines.





**Thank you for watching my  
slideshow!**

Be SMART

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