
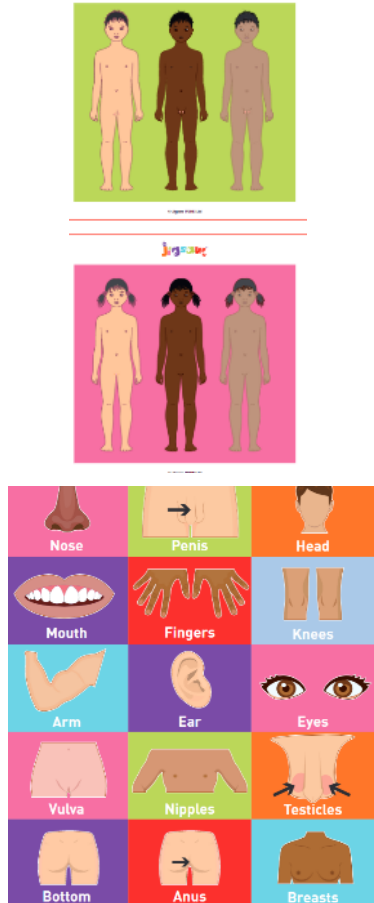




Year 1

Jigsaw – Changing Me

Pieces	PSHE learning intention	Social and emotional development learning intention	Key vocabulary	Example Resource
1.Life cycles	I am starting to understand the life cycles of animals and humans.	I understand that changes happen as we grow and that this is OK.	Changes Life cycle Baby Adulthood	
2.Changing me	I can tell you some things about me that have changed and some things about me that have stayed the same.	I know that changes are OK and that sometimes they will happen whether I want them to or not.	Change Life Cycle Baby Adult Grown up	
3.My changing body	I can tell you how my body has changed since I was a baby.	I understand that growing up is natural and that everybody grows at different rates.	Baby Growing up Adult Mature Change	Photos of pupils as babies (brought in from home)
4.Boys' and girls' bodies	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus.	I respect my body and understand which parts are private.	Male Female Vagina Penis Testicles Vulva Anus	

<p>5. Learning and growing</p>	<p>I understand that every time I learn something new I change a little bit.</p>	<p>I enjoy learning new things.</p>	<p>Learn New Grow Change</p>	
<p>6. Coping with changes</p>	<p>I can tell you about changes that have happened in my life.</p>	<p>I know some ways to cope with changes.</p>	<p>Change Feelings Anxious Worried Excited Coping</p>	<p style="text-align: center;">Changing Me All Change for Jack PowerPoint Slides 1-6 - Ages 5-6 - Piece 6</p>  <p>It was soon the last week of the school term and the classroom seemed busier than usual. There were special assemblies, end of year concerts and performances and all the classwork had to be finished off. Jack watched everything going on and it just made (him/her) feel miserable.</p> <p>It was soon time for the children's last Jigsaw lesson of the year. The teacher said that everyone was going to be learning about change. "You see," hooted Abbey Owl excitedly, "this lesson is going to really help Jack. Some of the children are feeling a little bit worried and sad about not being in this class anymore, so it's not just you feeling like this."</p>