
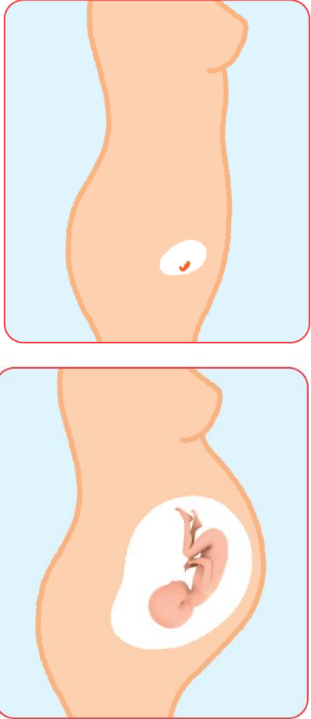
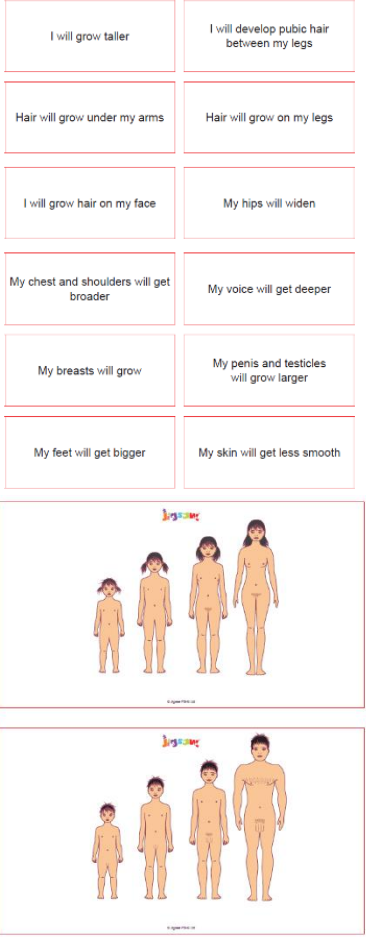


Year 3

Jigsaw - Changing Me

*Piece 4 has been removed from the year 3 curriculum. Lambs Lane feel the lesson is not appropriate for the year group as the content is too similar to that of year 5's sexual reproduction lesson.

Pieces	PSHE learning intention	Social and emotional development learning intention	Key vocabulary	Example Resource
1.How babies grow	I understand that in animals and humans lots of changes happen between birth and growing up, and that usually it is the female who has the baby.	I can express how I feel when I see babies or baby animals.	Changes Birth Animals Babies Mother Growing up	
2.Babies	I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow.	I can express how I might feel if I had a new baby in my family.	Baby Grow Uterus Womb Nutrients Survive Love Affection Care	<p><i>Some teachers may feel concerned about answering children's questions about how the baby 'gets there' to begin with. As with all children's questions in changing bodies learning, keep the answer factual, age-appropriate and simple. e.g. "A baby grows from a tiny egg (ovum) that the mother already has inside of her."</i></p> 

<p>3. Outside body changes</p>	<p>I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process.</p>	<p>I recognise how I feel about these changes happening to me and know how to cope with those feelings.</p>	<p>Change Puberty Control</p>																																													
<p>4. Inside body changes <i>*This lesson is not taught at Lambs Lane.</i></p>	<p>I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.</p>	<p>I recognise how I feel about these changes happening to me and know how to cope with these feelings.</p>	<p>Puberty Male Female Testicles Sperm Penis Ovaries Egg Ovum/Ova Womb/Uterus Vagina</p>																																													
<p>5. Family stereotypes</p>	<p>I can start to recognise stereotypical ideas I might have about parenting and family roles.</p>	<p>I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes.</p>	<p>Stereotypes Task Roles Challenge</p>	<table border="1"> <thead> <tr> <th>Task</th> <th>Male</th> <th>Female</th> <th>Either</th> </tr> </thead> <tbody> <tr><td>Washing the car</td><td></td><td></td><td></td></tr> <tr><td>Decorating the house</td><td></td><td></td><td></td></tr> <tr><td>Changing the bed</td><td></td><td></td><td></td></tr> <tr><td>Mowing the lawn</td><td></td><td></td><td></td></tr> <tr><td>Picking and arranging flowers</td><td></td><td></td><td></td></tr> <tr><td>Cooking dinner</td><td></td><td></td><td></td></tr> <tr><td>Bathing a child</td><td></td><td></td><td></td></tr> <tr><td>Changing a baby's nappy</td><td></td><td></td><td></td></tr> <tr><td>Washing up</td><td></td><td></td><td></td></tr> <tr><td>Putting the bins out</td><td></td><td></td><td></td></tr> </tbody> </table>	Task	Male	Female	Either	Washing the car				Decorating the house				Changing the bed				Mowing the lawn				Picking and arranging flowers				Cooking dinner				Bathing a child				Changing a baby's nappy				Washing up				Putting the bins out			
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<p>6. Looking ahead</p>	<p>I can identify what I am looking forward to when I move to my next class.</p>	<p>I can start to think about changes I will make next year and how to go about this.</p>	<p>Change Looking forward Excited Nervous Anxious Happy</p>	<p>Make a mobile</p> <ul style="list-style-type: none"> ● Something you are looking forward to in school next year ● A change you would like to make for yourself next year ● Something you have learned about your body and growing up ● How you feel about growing up ● Something that worries you about growing up and what you can do about it ● Something you are looking forward to about growing up 																																												