

## Year 4

### Jigsaw - Changing Me

\*1 The learning intention has been reworded to change 'I am made from the joining of their egg and sperm' to 'I am made from a combination of their genes'. The focus is on what traits pupils have inherited from their parents.

\*2 Piece 2 has been removed from the year 4 curriculum. Lambs Lane feel the lesson is not appropriate for the year group as the content is too similar to that of year 5's sexual reproduction lesson.

It will be replaced by 'Boys and puberty'. A look at puberty with a focus on how boys' bodies change.

Pieces	PSHE learning intention	Social and emotional development learning intention	Key vocabulary	Example Resource
1.Unique me	I understand that some of my personal characteristics have come from my birth parents and this happens because I am made from <b>the joining of their egg and sperm. *1 Reworded to 'a combination of their genes'.</b>	I appreciate that I am truly a unique human being.	Personal Unique Characteristics Parents	
2.Having a baby <b>*2 This lesson is not taught at Lambs Lane.</b>	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult.		
2. Boys and puberty <b>*2 Replacement lesson</b>	I can describe how a boys' body changes in order for him to be able to have babies when he is an adult.	I have strategies to help me cope with the physical and emotional changes I will experience during puberty.	Puberty Wet dreams	

<p>3. Girls and puberty</p>	<p>I can describe how a girls' body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.</p>	<p>I have strategies to help me cope with the physical and emotional changes I will experience during puberty.</p>	<p>Puberty Menstruation Periods</p>	
<p>4. Circles of change</p>	<p>I know how the circle of change works and can apply it to changes I want to make in my life.</p>	<p>I am confident enough to try to make changes when I think they will benefit me.</p>	<p>Circle Seasons Change Control</p>	
<p>5. Accepting change</p>	<p>I can identify changes that have been and may continue to be outside of my control and that I learnt to accept.</p>	<p>I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively.</p>	<p>Range of emotions – see emotions card resource Control Change Acceptance</p>	
<p>6. Looking ahead</p>	<p>I can identify what I am looking forward to when I move to a new class.</p>	<p>I can reflect on the changes I would like to make next year and can describe how to go about this.</p>	<p>Change Looking forward Excited Nervous Anxious Happy (Other emotions on emotions cards from previous lesson)</p>	<p>The circle of change from piece 4</p>